



the green ingredient  
**EXPRESS**

FRESH FOOD \* JUICES \* SMOOTHIES \* SNACKS \* VEGAN FRIENDLY

# JUICE BAR MENU

**915-472-9791**

**6100 Dew Dr., El Paso, TX**

(inside Push Gym)

[www.facebook.com/thegreeningredienteatery](http://www.facebook.com/thegreeningredienteatery)

[www.greeningredient-el.com](http://www.greeningredient-el.com)

VISIT US EVERY SATURDAY AT EL PASO DOWNTOWN ARTIST AND FARMERS MARKET

## JUICES 16 OZ

**SIMPLY GREEN 7**

Cucumber, Spinach, Broccoli, Celery, Apple, Parsley, Ginger

**IRON GALORE 6**

Beet, Apple, Carrot, Kale

**BRAIN JUICE 6**

Cucumber, Carrot, Broccoli, Lemon

**BLOODY BEETY 6**

Beet, Carrot, Celery, OJ

**HYDRATE 7**

Coconut Water, Kale, Celery, Apple, Ginger

**COCO LEMON-AID 6**

Coconut Water, Filtered Water, Lemon, Honey

**CUCUMBER LEMON PARSLEY 6**

Cucumber, Lemon, Parsley

**SWEET GREENS 6**

Pineapple, Kale, Spinach, Apple, Ginger

**ZINGER 6**

Apple, Lemon, Ginger

**SASSY PINEAPPLE 6**

Pineapple, Apple, Cilantro, Lemon, Jalapeño

**BOMB FRUIT 7**

Pineapple, Strawberry, Filtered Water, OJ,

Coconut Water

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## WRAPS & MORE Served With Salad Of The Day

**THAI TWISTER 6.75**

Chicken Breast Strips, Cabbage, Shredded Carrot, Thai Peanut Dressing, Sesame Seeds

**VEGGIE DELIGHT 6.75**

Beet, Garbanzo, Asparagus, Onion, Spinach, Feta, Shredded Carrot

**BODY BUILDER 6.75**

Chicken Breast Strips, Spinach & Artichoke, Tomato, Feta

**CHICKEN PESTO 6.75**

Chicken Breast, Pesto, Bell Pepper, Onion, Tomato, Feta

**RAW TACOS 7.5**

Romaine Hearts, Walnut-Pecan Taco "Meat", Pico, Tofu-Avocado cream

**NUT "CHEESE" TRIO 8**

Fermented Nut Puree, Assorted Flavors

## SALADS

**CAESAR SALAD 5.25**

Romaine Hearts, Parmesan, Caesar Dressing, Crouton

**KALE SALAD 5.25**

Kale, Cucumber, Onion, Tomato, Avocado, Citrus Vinaigrette

**SPINACH SALAD 5.25**

Spinach, Feta, Tomato, Cranberry, Walnut, Balsamic Reduction

**BELLA CHIMICHURRI 7.5**

Roasted Baby Portabella, Diced Avocado, Chimichurri Sauce, Kale and Balsamic Vinaigrette

## ADD ONS

**CHICKEN BREAST STRIPS 3 OZ 2**

**NUT "CHEESE" 2 OZ 3**

## FRUITY SMOOTHIES

**MUSCLE BUILDER 8.75**

Goji Berries, Almond Milk, Banana, Almond Butter, Protein Powder

**HAPPY PEANUT BUTTER 8**

Banana, Peanut Butter, Maca, Almond Milk, Honey

**CRUNCHY MONKEY 8.75**

Cacao Nibs, Cacao Powder, Goji Berries, Walnut, Almond Milk, Cinnamon, Banana, Dates

**BREAKFAST SMOOTHIE 6**

Almond Milk, Banana, Maca, Cacao Nibs, Honey

**ANTI-INFLAMMATORY 6**

Pineapple, Lemon, Ginger, Honey

**FANTASTIC BOOST 7**

Banana, OJ, Sunflower Seeds, Spirulina

**MANGO LASSI 7**

Mango, Greek Yogurt, Honey

## SHOTS & COCKTAILS

**WHEATGRASS 2 OZ. 4**

**KALE & PARSLEY 2 OZ 4**

**TURMERIC TONIC 6**

Coconut Water, Turmeric, Lemon, Ginger, Cayenne

**GREEN LADY 6**

Wheatgrass, Apple, Burdock

## KOMBUCHA Naturally Brewed, Seasonal Flavors

**BY THE CUP 3.5**

**QUART 6**

**HALF GALON 10**

## GREEN SMOOTHIES 20 OZ

All The Rich Fiber Blended To Perfection!

**TROPIKALE 6.75**

Kale, Spinach, Pineapple, Grape, Banana, Coconut Water

**GREEN COLADA 7**

Spinach, Kale, Coconut Water, Almond, Pineapple, Agave

**GREEN GOLD 7**

Spinach, Avocado, Almond, Purified Water, OJ

**THE AMATEUR SPINACH 6.75**

Spinach, Apple, Banana, Purified Water, Agave

**THE COMEBACK 7**

Spirulina, Banana, Pineapple, Flaxseed, Sesame Seed, Honey

**THE GREEN MACHINE 6.5**

Kale Or Spinach, Carrot, Apple, Lemon, Ginger

**FAT BURNER 6**

Parsley, Cucumber, Spinach, Lemon, Pineapple

**THE UN-BEET-ABLE 7**

Beet, Spinach, Broccoli, OJ, Apple, Lemon, Ginger

**GREEN ARROW 6.75**

Kombucha, Celery, Spinach, Kale

**HEALTHY START 7**

Spinach, Parsley, Apple, Sunflower Seeds, Sesame Seeds, Banana, Lemon, OJ

## ADD ONS

**EXTRA INGREDIENT (Each) 0.75**

**PROTEIN POWDER SCOOP 1**